

Detoxification

- Appropriate for depressants, opiates and stimulants
- Symptoms unique to drug class
- Withdrawal symptoms are the opposite

Characteristics of Withdrawal

- Depressants
- Opiates
- Stimulants

Duration of Withdrawal

.... predicted by the half-life of the drug

- Short half-lives
- Long half-lives

Treatment in Detox

*Address all medical problems
as soon as possible.....*

- Pre-existing medical problems
- Education and reassurance
- Symptoms are temporary

Using Medications in Detox Treatment

- Use same class of drug
- Administer enough to diminish symptoms
- Decrease medication
 - three to five days for short-acting drugs
 - two to four weeks for longer-acting drugs

Treatment for Alcohol Withdrawal

Symptoms	Treatment
<p>Begin within hours of last consumed alcoholic beverage</p> <p>Peak by day 2 or 3</p> <p>Subside by day 4 or 5</p> <p>Symptoms include:</p> <ul style="list-style-type: none"> • Anxiety • Malaise • A.N.S. Dysfunction • Insomnia 	<p>Food and Rest</p> <p>Multiple Vitamins</p> <ul style="list-style-type: none"> • Must include Thiamine
<p><i>For Severe Symptoms of Withdrawal:</i></p> <p>Convulsions</p> <p>O.B.S. (Organic Brain Syndrome)</p> <p>Hallucinations (visual or tactile)</p>	<p>Depressant Drugs</p> <ul style="list-style-type: none"> • Long-acting Benzodiazipine • Short-acting Benzodiazipine

Treatment for Opiate Withdrawal

Symptoms	Treatment
Runny Nose	Education & Reassurance
Cough	Wean off Opiate
Diarrhea	• Methadone
Pain	• "Cocktail"

Treatment for Stimulant Withdrawal

Symptoms	Treatment
Sadness	Reassurance
Fatigue	Education
Hunger	Rest
Pain	